



**Please read right through this leaflet before you start using this medicine.**

This medicine is available without prescription, but you still need to use Beconase Hayfever carefully to get the best results from it.

- Keep this leaflet you may need to read it again.
- If you have any questions, or if there is anything you do not understand, ask your pharmacist.

**In this leaflet:**

1. What Beconase Hayfever does
2. Check before you use Beconase Hayfever
3. How to use Beconase Hayfever
4. Possible side effects
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**1. What Beconase Hayfever does**

**Beconase Hayfever is used to prevent and treat the common symptoms of allergic rhinitis, including hayfever such as sneezing and a runny, itchy or blocked-up nose. When your nose is cleared, the pressure and pain around your nose and eyes is also reduced.**

The active ingredient is beclometasone dipropionate, a corticosteroid which, when used every day, has an anti-inflammatory action and works in a similar way to natural body chemicals to control inflammation. This nasal spray helps to control your body's reactions to allergens ('triggers') in the environment.

**2. Check before you use Beconase Hayfever**

**X Do not use Beconase Hayfever:**

- if you have ever had an allergic reaction to beclometasone dipropionate or any of the other ingredients (listed in Section 6)
- if you are under 18 years.

**! Take special care with Beconase Hayfever**

- Talk to your doctor or pharmacist before using Beconase Hayfever if you have an **infection** or **ulcers** in your nose, or you have recently had **surgery** or an **injury** to your nose.
- **If your symptoms do not improve within 14 days**, talk to your doctor or pharmacist.
- **Do not use for more than 3 months** unless your doctor tells you to.

**! If you are taking other medicines**

Talk to your doctor or pharmacist before using this medicine if you are taking any prescribed medicines; particularly **corticosteroid medicines** (including eczema creams, asthma inhalers, tablets, injections, nasal sprays, and eye or nose drops).

**! Important Information about some of the ingredients**

Beconase Hayfever contains benzalkonium chloride which may cause bronchospasm.

**! Pregnancy and breast feeding**

**Talk to your doctor or pharmacist** before using Beconase Hayfever if you are **pregnant, trying to become pregnant or are breast feeding.**

**3. How to use Beconase Hayfever**

**Always shake well before use. Only use in the nose. Do not swallow. Make sure you don't get the spray in your eyes.**

Beconase Hayfever quickly starts to reduce inflammation and swelling in your nose, although it may take 2 or 3 days to build up to its maximum protective effect. To prevent your symptoms starting, start to use Beconase Hayfever two or three days before exposure to one of your usual 'triggers'. You should use the spray regularly to get the best results from it.

**✓ Adults aged 18 years and over: Spray two puffs into each nostril every morning and evening.**

Once your symptoms have improved, you may be able to reduce the dose to **one spray into each nostril every morning and evening.**

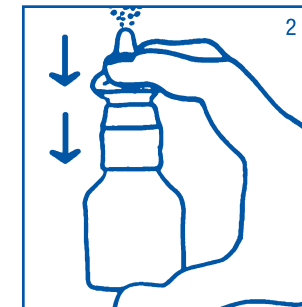
- ! Do not use more than 8 sprays (400 micrograms) in a day. Use the lowest dose possible to control your symptoms. If your symptoms do not improve within 14 days, talk to your doctor or pharmacist. Do not use more than the recommended dose.**

**If you use too many sprays**  
Tell your doctor.

**If you forget to use the spray**  
Take your next dose at the usual time. Never take two doses together.

**Before using a new bottle of Beconase Hayfever:**

- Your Beconase Hayfever spray has a dust cap which protects the nozzle and keeps it clean. Remember to take it off before you use the spray (Picture 1) and to replace it after use.
- Before you start to use a new bottle of Beconase Hayfever, or if you have not used the spray for a few days, press the pump down several times until you get a fine spray.
- Hold the bottle as shown with your forefinger and middle finger on the collar either side of the nozzle and your thumb underneath the bottle.
- Keeping your thumb still, press down with your fingers to pump the spray (Picture 2).
- When doing this make sure you do not point the nozzle at yourself or someone else.
- If the spray still doesn't work, try to clean it as described under the 'To clean the spray' section. Do not try to unblock or enlarge the tiny spray hole with a pin or other sharp objects because this will destroy the spray mechanism.

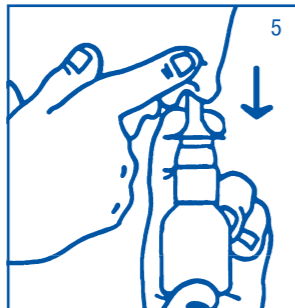
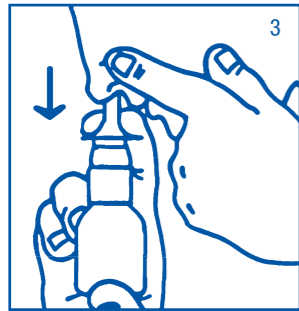


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## Using Beconase Hayfever:

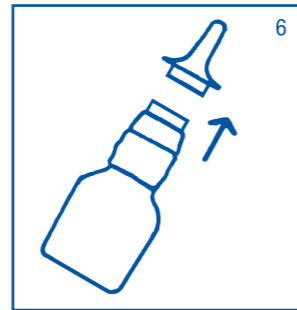
1. Shake the bottle well and remove the dust cap.
2. Blow your nose gently.
3. Close one nostril as shown and put the nozzle in the other nostril. Tilt your head forward slightly and keep the bottle upright. Hold the bottle as shown (Picture 3).
4. Start to breathe in slowly through your nose. While you are breathing in, squirt a spray of fine mist into your nostril by pressing down firmly on the collar with your fingers.
5. Breathe out through your mouth. Repeat step 4 to take a second spray in the same nostril.
6. Remove the nozzle from this nostril and breathe out through your mouth (Picture 4).
7. Repeat steps 3 to 6 for the other nostril (Picture 5).
8. After using the spray, wipe the nozzle carefully with a clean tissue or handkerchief and replace the dust cap.



### To clean the spray:

1. Take the dust cap off.
2. Pull upwards on the white collar to remove the nozzle (Picture 6).
3. Soak the nozzle and dust cap in warm water for a few minutes and then rinse under a running tap.
4. Shake off the excess water and allow to dry in a warm place – not too hot!
5. Re-fit the nozzle.
6. If necessary, press the pump down several times until you get a fine spray.

YOUR NASAL SPRAY SHOULD BE CLEANED AT LEAST ONCE A WEEK, OR MORE OFTEN IF IT GETS BLOCKED.



### 4. Possible side effects

Like all medicines, Beconase Hayfever can have side effects, but not everybody gets them:

**Stop taking** the medicine and **seek immediate medical help** if you experience:

- Very rare allergic reactions. These may include developing a rash, swelling of the mouth or face or having difficulty breathing.

**Stop taking** the medicine and **tell your doctor** if you experience:

- Very rare eye problems such as pain, blurred vision, cataract or glaucoma.
- Very rare nasal problems such as pain, persistent bleeding or perforation of the middle of the nose.

The following commonly reported side effects may occur:

- Sneezing after using the spray but this soon stops.
- You may notice an unpleasant taste or smell.
- Nose bleeds or irritation in the nose or throat.

It is important to follow the dose instructions shown in Section 3. Using Beconase Hayfever at higher doses or for longer than 3 months at a time can cause a number of changes in your body such as catching infections more easily.

**If you do get any side effects**, even those not mentioned in this leaflet, tell your doctor or pharmacist. Beconase is unlikely to cause drowsiness and does not affect your ability to drive or use machinery. There is no reason to avoid drinking alcohol whilst using Beconase Hayfever.

### Reporting of side effects:

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly (see details below). By reporting side effects you can help provide more information on the safety of this medicine.

IRELAND: FREEPOST, Pharmacovigilance Section, Irish Medicines Board, Kevin O'Malley House, Earlsfort Centre, Earlsfort Terrace, Dublin 2, Ireland.  
Tel: +353 1 6764971, Fax: +353 1 6762517.  
Website: [www.imb.ie](http://www.imb.ie), e-mail: [imbpharmacovigilance@imb.ie](mailto:imbpharmacovigilance@imb.ie)

### 5. How to store Beconase Hayfever

**Keep out of the reach and sight of children.**

Do not use after the expiry date shown as 'EXP' on the label and carton. Keep the container in the outer carton to protect from light. Do not store above 30°C. Do not store in a fridge.

**Use within three months of first use.**

### 6. Further information

**Active ingredient** Each spray contains Beclometasone Dipropionate 50 micrograms.

**Other ingredients** Microcrystalline cellulose, sodium carboxymethylcellulose, glucose anhydrous, polysorbate 80, purified water, benzalkonium chloride and phenylethyl alcohol.

The plastic bottle contains 100 sprays.

**The Product Authorisation holder is** Chefaro Ireland Limited, First Floor, Block A, The Crescent Building, Northwood Office Park, Dublin 9 and all enquiries should be sent to the above address.

**The manufacturer is** Glaxo Wellcome SA, 09400 Aranda de Duero, Burgos, Spain.

This leaflet was last revised in October 2013.

The information in this leaflet only applies to Beconase Hayfever.

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