

Strepsils®

INTENSIVE 8.75mg Lozenges

Flurbiprofen

Please read all of this leaflet carefully before you start to take Strepsils Intensive Lozenges. Keep this leaflet. You may need to read it again. If you have any questions, please ask your pharmacist or doctor.

1. WHAT STREPSILS INTENSIVE LOZENGES ARE AND WHAT THEY ARE USED FOR

The ingredient which makes this medicine work is called flurbiprofen. Flurbiprofen belongs to a group of medicines called non-steroidal anti-inflammatory drugs (NSAIDs), which help reduce inflammation (swelling) and pain. Strepsils Intensive Lozenges help relieve the symptoms of sore throats, such as soreness, pain and swelling.

2. BEFORE TAKING STREPSILS INTENSIVE LOZENGES

Do not take these lozenges if you

- have or have ever had a **stomach ulcer**
- are **allergic** to flurbiprofen, aspirin or other NSAIDs or any of the other ingredients (see Section 6)
- have previously experienced **gastrointestinal bleeding or perforation** whilst taking NSAIDs
- have ever had **wheezing, a runny nose or an itchy rash** (hives) after taking aspirin, flurbiprofen or medicines containing NSAIDs
- are **under 12 years old**.
- have ever had heart failure

Talk to your pharmacist or doctor before taking Strepsils Intensive Lozenges if you

- have or have ever had **asthma**
- have **kidney, heart or liver** problems
- have **high blood pressure**
- have **blood clotting** problems
- have a history of **ulcerative colitis or Crohn's disease**
- have **diabetes**
- are (or may be) **pregnant** or are **breastfeeding**.

Other warnings

Medicines such as Strepsils Intensive may be associated with a small increased risk of heart attack (myocardial infarction) or stroke. Any risk is more likely with high doses and prolonged treatment. Do not exceed the recommended dose or duration of treatment (3 days). Therefore if you have heart problems, previous stroke or think that you might be at risk of those conditions (for example, if you have high blood pressure, diabetes or high cholesterol or are a smoker) you should discuss your treatment with your doctor or pharmacist.

Taking other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines; especially

- other pain relievers, cold treatments or other products containing aspirin, ibuprofen, flurbiprofen or other NSAIDs
- anti-depressants or steroids
- water tablets (diuretics) containing frusemide (also known as furosemide)
- medicines for high blood pressure (e.g. beta blockers)
- medicines for thinning the blood (anticoagulants, anti-platelets) e.g. warfarin.

Pregnancy and breastfeeding

Flurbiprofen may make it more difficult to become pregnant. This is reversible on stopping the medicine and it is unlikely that the lozenges used occasionally will affect your chances of becoming pregnant. However tell your doctor before taking this medicine if you are planning to become pregnant or if you have problems becoming pregnant.

If you are pregnant or breastfeeding, consult your doctor before taking these lozenges.

Important information about some of the ingredients of Strepsils Intensive lozenges

This product contains sugars (glucose, fructose, sucrose, maltose and galactose).



Pharmacode reads top
to bottom on the
front of the leaflet.



Pharmacode reads
bottom to top on the
back of the leaflet.

If your doctor has told you that you have an intolerance to some sugars, check with a doctor before taking this medicine.

3. HOW TO TAKE STREPSILS INTENSIVE LOZENGES

Adults and children over 12 years:

Suck one lozenge slowly **every 3 to 6 hours**, as required.

Do not take more than five lozenges in any 24 hour period.

To work properly, the lozenge must dissolve slowly in your mouth. Do not chew, crunch or swallow the lozenges whole. Move the lozenge around your mouth whilst sucking it.

You should get some relief from pain and soreness within half an hour of sucking the lozenge and this relief should last for up to 4 hours.

Whilst taking

- If you take too many lozenges by mistake or if a child under 12 takes the lozenges, talk to a pharmacist or doctor straight away. Take the packet and leaflet with you.
- If your sore throat does not get better after 3 days, it gets worse, or if you get new symptoms, talk to your pharmacist or doctor.

Do not exceed the recommended dose or duration of treatment (3 days).

4. POSSIBLE SIDE EFFECTS

Medicines such as flurbiprofen can cause side effects, although not everyone gets them.

Stop taking this medicine and consult a doctor at once if you develop

- stomach discomfort or pain, feeling or being sick, diarrhoea or any other abdominal symptoms
- stomach pain with black tarry stools, vomiting particles that look like coffee grounds (rare signs of gastrointestinal bleeding)
- allergic reactions such as skin rashes or itchy lumps on the skin, an itchy runny nose, worsening of asthma or breathing difficulties.

Tell your doctor if you have any of the following side effects, they become serious or if you notice any other effects not listed.

- tingling in the mouth whilst sucking the lozenges
- mouth ulcers or irritation (to help prevent this, be sure to move the lozenge around your mouth while you suck it)
- visual or hearing disturbances
- confusion, dizziness
- kidney problems causing fluid retention and swelling of the feet
- liver problems causing yellowing of the skin and whites of eyes (jaundice)
- easy skin bruising or bleeding (very rare).

Medicines such as Strepsils Intensive may be associated with a small increased risk of heart attack (myocardial infarction) or stroke. (See Page 1 Other warnings.)

5. HOW TO STORE STREPSILS INTENSIVE LOZENGES

Keep out of the reach and sight of children.

Store in the original package to protect from moisture.

Do not use after the expiry date shown on the pack and the foil blister.

6. FURTHER INFORMATION

Each lozenge contains the active ingredient flurbiprofen 8.75mg. Also contains sucrose (1406mg), glucose (1069mg), honey (50.4mg), macrogol 300, lemon flavour, potassium hydroxide (2.2mg), levomenthol, 2.5g carbohydrate.

There are 16 lozenges in a pack.

PA Holder: Reckitt Benckiser (Ireland) Ltd, Dublin 24, Ireland.

 Manufacture: Reckitt Benckiser Healthcare International, Nottingham, NG90 2DB, UK.

PA 979/41/1

Text revised: January 2011